

4 WAYS TO ENHANCE YOUR LIFE THROUGH ETHER PHYSICS

COSMIC FREQUENCY PRESENTS



1. What is Ether Physics?

- The Study of the source or Ether, Potential energy and its applications in our lives.
- Modern & mainstream Earth Science does not have the capability to explain things outside of the limited scope of tools and resources it uses.

Ether Physics helps one comprehend the unseen principle called ether that permeates and effects all things. It is the observation and awareness of the true self applied in a way that maximizes the wellbeing for ourselves and others.

- The Ether is the principle of reality. When we become more familiar with this principle we notice how it directly influences us and is the nature of our very essence. This gives us more ability to understand and live as conscious beings.



2.THOUGHTS

INFLUENCING the ether

- The medium or Principle of Reality can be directly influenced by our thoughts. Since we are not separated from the ether, and in fact are it, the fastest most simple way we can utilize its functions is through awareness of thought.
- When we think we create a ripple in the ether. If you think of the ether as a boundless body of water, and you drop a pebble in that water, it will ripple. Well our thoughts are just like that! They create ripples in the ether.
- The types of thoughts we entertain determine how the ether will be influenced and what our direct experiences will be

WHAT YOU CAN DO TO CHANGE YOUR LIFE USING THIS UNDERSTANDING.

~ Think of something you would like to see happen in the world or in your life. As you're thinking of it, imagine the feeling tone associated with that thought or experience. NOW, Let go of the details and focus all your energy on the feeling tone. Give that feeling tone a color or shape. NEXT. Notice how the feeling tone begins to surround your entire body. THEN. Breathe in and inhale the feeling tones color and energy. FINALLY. Observe every cell in your being **becoming the frequency of that original thought.** Create an experience in your mind where you are now actively experiencing the original thought you had in the beginning.

3. Temporal Manipulation

- Time is not determined by the hand or numbers on a clock.
- The General Idea about time must shift in order to apply **a new way of being that will benefit you instead of deplete you.**
- **SO WHAT IS TIME?** - Time is the awareness of being a someone(individual) it is the observation of ones thoughts. When you become aware that you are thinking you then can observe how your thoughts generate an experience of linear progression. Time is relative to each consciousness.

If we are on a rollercoaster, if you love roller coasters, you're awareness or experience of that ride may seem like it last for 2 seconds. For someone who does not like rollercoasters, the experiences seems to last 2 days. So what changes is not time but the awareness of the moment and how it is perceived.

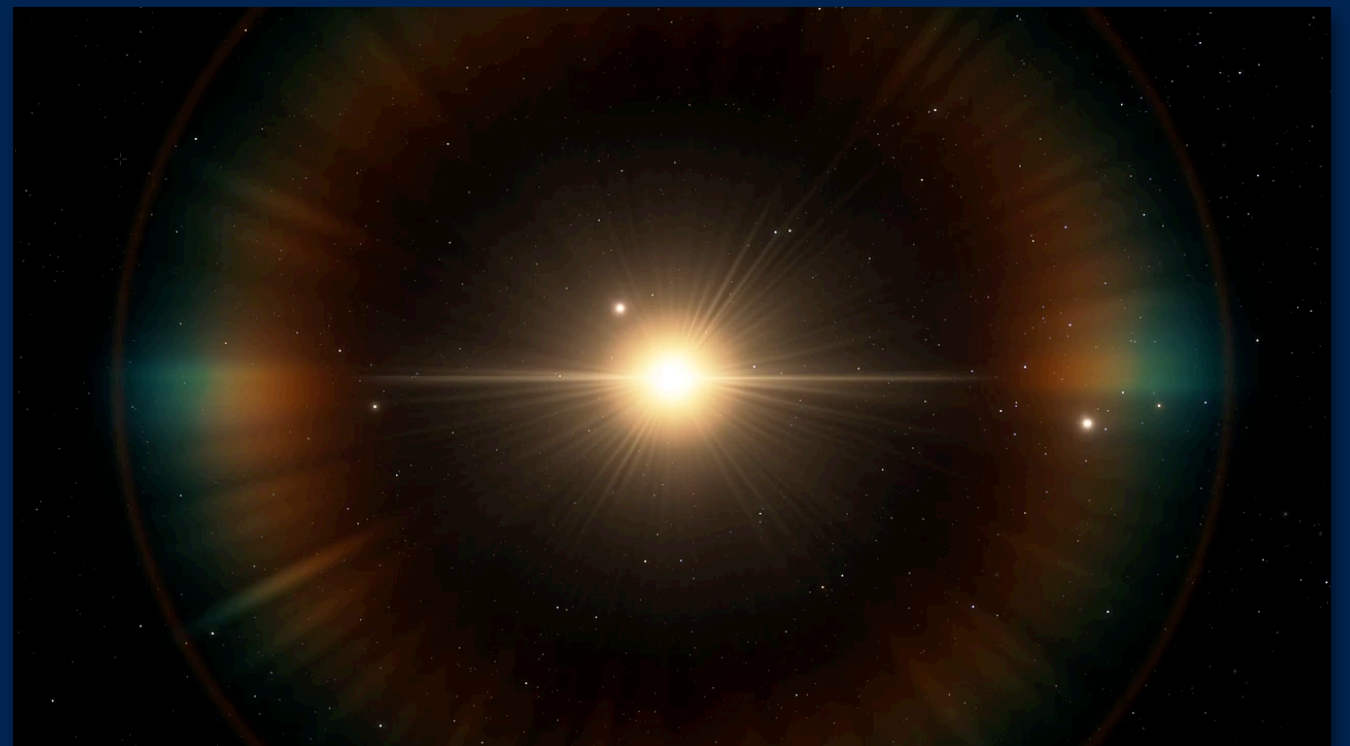
- **TRY THIS:** Instead of seeing time as numbers see it as your thoughts. Your thoughts then generate a frequency that then become your experience.
- **EXERCISE:** Find a quiet place by a flowing body of water like a river or stream.
 - Next close your eyes, what direction is the water flowing? You may find that you do not actually know. Observe how the sound of the water flow is simply present there is no direction or speed of the water flow.
 - Now open your eyes and look at the water, you now see what direction the water is flowing.
- **THE WATER REPRESENTS YOUR THOUGHTS, OR TIME**
 - Just like when there is no flow or direction of the water until you observe it, the same is true with your thoughts . **As you focus on a specific thought you create a flow, that flow has a speed or experience of velocity you call time.** So In order to manipulate time, focus on your thoughts, be present and choose in which direction your energy flows.
 - This will keep you from unconsciously “wasting time” or doing things that are not in your focus point. In this way you will begin to generate more time & have thoughts that do not drain you but rather support you.

4. How to Use the Astral Realm & Dream state to change your life

- Dreams are fascinating occurrences that can be seen as a myriad of things.
 - ~ Memories of the future or the past,
 - ~ Premonitions, Ordering of daily events etc.
- But did you know you can use your dreamspace to consciously change how your waking life plays out?

HERES HOW:

1. As you are falling asleep, practice disassociating from your physical body. Move all your awareness to your inner space.
2. Choose 1 tangible thing you would like to see materialize or play out in your waking life. Keep it simple to start for example, From dream state experience yourself eating an apple. Then within the next couple of days see how often apples appear or are referenced in your waking life.
3. Once you begin to see a direct correlation between your waking and dreaming life , you have bridged and integrated your astral or dream body. You begin to notice that there is no separation and that you can control what happens in your waking life FROM your Astral or Dreaming state of awareness! Over time you will begin to create more and more advanced experiences for yourself and then even be able to while awake sync with your dream self and download insights and information directly to you on the spot!



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