

COSMIC FREQUENCY

The Ether Physics of phase shifting(Ether Phasing)

As the soul progresses along its journey of realization itself as the source/ether, it will undoubtedly begin to develop and actualize latent functions and abilities. Much like as a toddler grows up it realizes it can walk, then run, then do summersaults etc. All the prior being an attribute inherent to the function of the toddler.

The toddler was born with the ability to achieve all the above and it is only a matter of progression and application before actualization of those abilities

So is the soul.

Housed within each of us is unlimited potential unlimited in every way shape and form. It is only our chosen presets of limits that we agreed to, have a perceived limited experience that keeps us phase locked into the rainbow.

This paper is all about overcoming those limits and once again maturing into the ability to be 2 places at once, to be invisible to walk through walls etc. This paper will be a guideline to the base mindset and physics of how the above is possible it will also offer you guidance on how to begin your journey as a ether phaser or phase shifter.

WHAT IS PHASE SHIFTING OR ETHER PHASING?

Phase shifting or ether phasing is the ability to shift consciousness beyond the white light spectrum. It is becoming translucent to ones current surroundings and become visible in another realm.

Some would call it invisibility or cloaking. Yet there is a science or practical way in which being invisible is possible.

I remember years ago I was obsessed with the Mortal Kombat Character smoke who had this ability to make his body be translucent to the point that if another fighter would try to hit him they would go right through him and he could counter their attack. I had an inner knowing that although I was playing a game, there was something real about that ability. To be able to shift his body to the point where it no longer was compatible with the surroundings he found himself in.

UNDERSTANDING THE FIELD

To further Comprehend what I am talking about and make it something tangible, lets dive into the nature of reality as we know it.

We live in and are one with a field of frequency of pure potential energy unmanifest with no form. I call this the ether or the principle. It is the primordial essence of all things. This field when it becomes aware of itself, it generates a specific frequency that defines it as it's new held idea that gives the illusion of being different than the pure potential.

When more and more aspects of the source or ether become aware in a agreeable and mutual way, or multiple aspects of it have the same general perceptions then a realm is generated. A realm can be defined as the specific set of ideas that give rise to the frequencies that sustain said idea.

In this case the realm that most lyran races, and earth lyrans (humans) occupy is the white light spectrum ROY G BIV Red Orange Yellow Green Blue Indigo Violet. The mixture of these colors give us our "realm" It is well known that the frequency range of ROY G BIV is very limited and does not include a myriad of other frequencies and bandwidth of consciousness. Knowing how to access these other bandwidths is the art of phase shifting.

GOING BEYOND THE RAINBOW

All that we see and experience in the misnamed physical world is a set of vibrations at specific angles of the medium that is the ether. Different angles give us a different color.

Phase Shifting happens when a consciousness realizes how to shift its own perspective and angle to match something beyond the rainbow. It is moving the consciousness to go beyond the white light spectrum.

This creates a vortex spin (Torus flow) that is congruent with the "invisible spectrum " just beyond the white light Roy G Biv.

HOW TO PHASE SHIFT

To phase shift is to become one with this next tier of frequency or to let your consciousness expand into the next layers of frequency. To do this letting go of the individual identity for a time being is necessary because as you know yourself in the Roy G Biv, You are no longer just that, you are something more. And by letting go of your localized Identity you allow your awareness to move into this more expanded version of "you"

Cosmic Frequency

I feel that the next series of colors is a silverish blue white hue. Focusing on being this color which again, is a pattern within the medium will shift ones point of attention to this particular rhythm thus becoming it and being incompatible with the rainbow.

This is where ether phasing or phase shift happens. The ability to at will shift form one set of frequencies to another. The ether pulses at the rate of induction of the consciousness that is present. This is all done with the mind and you do not need any special equipment to phase shift. You are the ether itself. Its just a matter of knowing how to move your consciousness from one part of you to another part of you. From one Frequency range to another.

The good thing is you do this all the time but generally stay within the Rainbow Spectrum. What we do here is move beyond the rainbow into a bandwidth that is more refined.

Reality is a series of pulse rhythms of the ether. Each rhythm gives a person place or thing its own uniqueness and individuation. Learn how to move between these rhythms by embodying the rhythm you want to experience.

PRACTICE

1. **Focus** on feeling and being the essence of the bluish silver hue (or what other colors and frequencies you feel are beyond the rainbow. Listen to yourself the key here is to let go of the localized self. And Shifting the rate of vibration of your field.)
2. **Release all attachments** to the spectrum of white light. This activates the magnetic effect that makes it seem like walls are solid. The solid wall feels solid because your hand or body are vibrating at the same rate, just like when you have 2 magnets of the same polarity they repel each other. That repelling feeling is what we feel when interacting with something “solid” when you change this or become neutral to it, you will phase through it. Remember everything is energy.
3. If you practice qi gong, or any other energy cultivation you can see and feel this ethereal essence. Focus on that feeling and those colors. **This helps to program the subconscious to accept it as a reality. (Which it is)**
4. **Disassociate from your immediate surroundings** and thoughts. Sit in meditation and practice letting your awareness drift from you localized form. Feel yourself becoming more than you are. You will notice you feel lighter and more ambient. You must put yourself in a deep trance like state, which is just your brainwaves switching.
5. When you have done this efficiently enough you will be able to enter into this state of mind at will, from here you can practice moving your hand through walls or any other object for that matter etc.

FEARS THAT MAY COME UP

Many of us have never consciously practiced something like this. The body is a bio prism. It is a specific set of frequencies that are being continuously reinforced by our subconscious and the world around us. As solid as it may feel, it is not solid. You can find this out in dream or astral travel or even deep states of meditation.

We intentionally limited ourselves to give us an experience of being a limited being instead of the entire source. When we begin to expand our awareness, our built-in fire walls will come up. The fire walls are there to remind us of the barrier we had originally agreed to that says “I am physical I am separate from this or that”

A common fear that comes up is the fear of “loosing ourselves” or not being able to return to our normal state of being that we have grown accustomed to. This is ok and is healthy, but it is something that must be overcome on the journey of self-expansion.

Here is something that will help you realize that you cannot get lost, and all will be ok:

You cannot lose yourself or your localized identity. You only become more of what you are. You as the ether do not forget any part of yourself so you can and will always return to your localized identity or any other identity you learn to associate with at will.

Letting go of current identity is needed to expand beyond it. Its like leaving your home for a couple days to go buy or look for a new home. You never forget your first home and can return to it any time. There is only the addition of other locations you now have access to. All the information, furniture, etc will still be there in your old home when you return.

CONCLUSION

Ether phasing or Phase shifting is natural and a normal part of spiritual development. It requires us to go beyond our perceived limits. The art of Phase Shifting is really frequency modulation which can be done through the mind and will power alone. Remember that everything has its specific flow and frequency you are simply moving your attention from one point of focus to another and overtime as you do this more and more, you will discover how powerful you have always been.